



Ideal Work Environment

Goal: This exercise helps students understand they need to find and create environments that fit who they naturally are.

Materials: Room, circle of chairs, [Indigo Report](#), pencil and paper.



Step 1: Have students read the [Your Ideal Environment](#) section of the Indigo Report. Have them star the things that are important to them.

Step 2: Have students describe the “perfect class” or “perfect job” by either drawing a picture or writing. When finished, ask students to share with the group. Here are a few questions you can use to guide the conversation:

- Would the teacher call on you often or not at all?
- What would the room look like?
- Would you work in teams or on your own?
- Are you graded on projects, tests, book reports or something else?

Example: Xiao Yu sees her report says she likes “Work tasks that change frequently.” She writes about a classroom where activities are different every single day.

TIP: It’s important to communicate to the group that students will have different desires for their school and work environment—and that is okay. It’s not about conforming, but about better understanding what you need.

RAMP (ASCA) Mindset & Behaviors addressed and developed:

Academic: *Creativity; Results Orientation; Positive Attitude.*

Career: *Self Advocacy; Self Motivation / Self Direction; Critical Thinking.*

Social/Emotional: *Sense of Belonging; Self Confidence; Communication; Whole Self.*