

# The Wrap Up



**Goal:** The goal of this exercise is to talk about what students learned from these sessions and what they see as practical lessons they can use in their lives.

**Materials:** Room, circle of chairs, pencil and paper.

**Step 1:** Ask them a series of open-ended questions. Feel free to guide the conversation in any direction you see fit.



- What will you take away from this group?
- What will you continue working on?
- Was there any one exercise that stuck out to you?
- Did you bond with any of the students in this group?
- Did this give you any unique ideas of how to do things in your life?

**Example:** Brendan shares that he really enjoyed learning how to voice his personal needs, and that he feels like Jack is now a close friend who he can talk to about these sorts of things.

**TIP:** If you are doing any sort of post-test / feedback form over this experience, doing it during this exercise would be the ideal time.

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## **RAMP (ASCA) Mindset & Behaviors addressed and developed:**

**Career:** *Take Responsibility; Handling Change / Adapting; Self Advocacy.*

**Social/Emotional:** *Self Confidence; Sense of Belonging; Building Positive Peer Relationships; Self Motivation / Self Direction; Perseverance; Overcoming Obstacles.*