

# Teamwork



**Goal:** People who have well developed Teamwork skills easily form relationships with mutual respect among diverse types of people. They understand the strengths and weaknesses of others and place a high priority on the success of their department and/or organization. People with strong skills in Teamwork support team decisions and share responsibility with team members for successes and failures.

**Part 1:** Make a daily affirmation list regarding trusting and empowering others. A couple examples are provided for you, but see if you can come up with at least five more. Once you have completed your list, keep a copy of it on a notecard, in your journal or notebook to refer to prior to meeting with the groups with which you learn and work.

Examples:

*"I will trust other people to do their jobs."*

*"I will perform my job so that others can do theirs."*

**My Affirmations:**

1.

2.

3.

4.

5.