



Indigo Career Exploration

Course Overview

The Indigo Career Exploration course is an extension of the IndigoBasics course. Students apply their understanding of themselves and their Indigo Report to finding a fulfilling career. At the same time, students will begin constructing a website with their responses that acts as an online presentation of the work they have done. The first half of the course is a review of Indigo concepts and applying them to careers. The second half of the course walks students through exploring a potential career from how it aligns with them to what steps they would need to take to be prepared for a job in that field.

Introduction and Setting up Your MAP in Wix

During this course, students will create a Master Activation Plan, or MAP, which is a website with information about who they are, what's important for them, and what careers interest them.



Career Exploration Intro Video. Students watch a video about how to approach using Indigo for career exploration.



Create a Website. Students create a website from a template that will contain their work in the course.



Begin Customizing Website. Students begin learning how to make changes to their website including adding their name and an image.



Strengths Statement. Students write a strengths statement based on the summary page of their Indigo Report and add it to their website.

Motivators

Motivators reveal the things you really care about. They are what grabs your heart and what gets you excited. Motivators correlate directly to fulfillment. The six Motivators that Indigo measures are Aesthetic, Individualistic, Social, Theoretical, Traditional, and Utilitarian.



Review Motivators. Students review the six Motivators and why they are important.



Connecting Motivators and Careers. Students explore career tips for their top Motivators and watch videos from professionals who share those traits.



Motivator Statement. Students write a Motivator Statement reflecting on their Motivators and how they show up in their life.



Update MAP. Students add their top Motivators and their Motivator Statement to their website.



DISC

DISC scores reveal a person's natural behavioral styles. People can use their DISC scores to better understand themselves and articulate their unique qualities. The four different colored bars represent four behavior qualities: Dominance, Influencing, Steadiness, and Compliance.



Review DISC. Students review DISC and what high and low DISC scores indicate about an individual's behavior.



Connecting DISC and Careers. Students explore career tips for their top DISC traits and consider pertinent adjectives.



DISC/Ideal Work Environment Statement. Students write about their DISC traits and identify an ideal education/working environment for them.



Update MAP. Students add their DISC/Ideal Work Environment Statement to their website.

Skills

The type of skills on the Indigo Report are soft skills, also called 21st Century Skills. Soft skills are based on experience and relate to how people interact with others and personal qualities that they bring to a team. The Indigo Assessment measures 23 soft skills.



Review Skills. Students review their top skills and have the opportunity to watch videos about improving those skills.



Skills Statement. Students write about their top skills and how they have used them in their life.



Update MAP. Students add their top skills and their Skills Statement to their website.

Career Exploration

In the second part, students use the concepts and applications from the previous parts of the course to explore a career and create a career plan that aligns with them. Each step includes a writing component that is added to the website.

1

Step 1. Choose a job you want to explore.

2

Step 2. Check for personal alignment.

3

Step 3. Research what you need to do to get this job.

4

Step 4. Pick one thing you can do now to start.

5

Step 5. Tell people about you and your goals (writing an Elevator Pitch).

6

Step 6 and Conclusion. Finalize the website, watch a video with career advice, complete a post-survey, and access additional course resources.
