

# Favorite Role



**The Goal:** To think about the current roles in your life and explore your sense of belonging.

**Materials:** Notebook paper, something to write with.

Each of us fills different roles in our lives. As we age, these roles may change and we may add new ones.

**Step 1:** List three roles you fulfill in your life and write a few sentences for each about what these roles look like for you.

**Step 2:** Do you have a favorite? Write about your favorite role and about what makes it your favorite. Why is that role the most important to you? What does it mean for you to fill that role?

**Step 3:** Find someone in the class with the same or similar favorite role (or divide into teams for group discussions) and discuss.

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**Indigo Indicators:** *Internal: Sense of Belonging; External: Systems Judgement*

**CASEL Competencies:** *Self-Awareness, Social Awareness*

**Ramp Behavior Standard:** *B-LS 9 Gather evidence and consider multiple perspectives to make informed decisions*