

# Many Paths



**The Goal:** To think about all of the possible ways you can reach your goals.

**Materials:** Notebook paper, something to write with.

Sometimes it's easy to believe that we are confined to one way of doing things. Other times, we only see one way of doing things which limits our ability to problem solve or think critically. There are many ways to reach any given destination. A key component in making sure you are making decisions that will best impact your life is to make sure you have a clear goal in mind. A plan is always important to have, but knowing that you don't have to confine yourself to one way of doing things may make it easier to find solutions when you hit roadblocks.

**Step 1:** If you could create a step-by-step plan of what your life would look like with the current goals and interests that you have now, what would this plan look like? Be detailed.

**Step 2:** On a separate piece of paper, take your end goal and describe it in one paragraph. Be as detailed as possible.

**Step 3:** Set aside or throw away the first piece of paper - the one with the plan you created.

**Step 4:** Look at your end goal. That is the most important part of your plan. That is the compass that will lead you in the decisions you make in your life.

**Step 5:** Using this end goal, create a completely different plan to bridge the gap between you and that goal. How many different plans can you make that will get you there?

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**Indigo Indicators:** *Internal: Self Direction, Resiliency*

**CASEL Competencies:** *Self Management, Self Awareness*

**Ramp Behavior Standard:** *B-LS1 Demonstrates Critical-Thinking Skills*