

The Collage



The Goal: To explore self-esteem through the things that make you feel the most like you.

Materials: Magazines, scissors, glue, construction paper.

Step 1: Envision the things that make you feel the most “you.” Hobbies, colors, genres, etc.

Step 2: Cut out pictures from magazines that give you this same feeling.

Step 3: Create a collage that encapsulates YOU.

Step 4: Write about why you chose the images you chose.

Indigo Indicators: Internal: Self-Esteem

CASEL Competencies: Self-Awareness

Ramp Behavior Standard: B-LS 2 Demonstrate Creativity