



# Ideal Work Environment

**The Goal:** This exercise helps students understand the need to find and create best-fit environments for their personality.

**Materials:**

Room, circle of chairs, [Indigo Report](#), pencil and paper.



**Step 1:** Have students read the [Your Ideal Environment](#) section of the [Indigo Report](#). Have each student star the most important items.

**Step 2:** Ask students to describe the “perfect class” or “perfect job” in words or pictures. When finished, ask students to share with the group. Here are a few questions you can use to guide the conversation:

- Would the teacher call on you often or not at all?
- What would the room look like?
- Would you work in teams or on your own?
- Are you graded on projects, tests, book reports or something else?

**Example:** *Jane sees her report says she likes “Work tasks that change frequently.” She writes about a classroom where activities are different every single day.*

**TIP:** It’s important to communicate to the group that students will have different desires for their school and work environment - and that is okay. It’s not about conforming but about better understanding your needs.

**RAMP (ASCA) Mindset & Behaviors addressed and developed:**

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**Academic:** *Creativity; Results Orientation; Positive Attitude.*

**Career:** *Self Advocacy; Self Motivation / Self Direction; Critical Thinking.*

**Social/Emotional:** *Sense of Belonging; Self Confidence; Communication; Whole Self.*