



Listening

The Goal: Students will learn the value and validation that active listening provides, and they will practice actively listening to others.

Materials:

Room, chairs arranged in pairs, [Indigo Report](#).

Step 1: Divide students into pairs: one speaker and one listener. Facing each other in chairs, have the speaker share for 30 seconds about any topic they choose.



Step 2: The listener must try to summarize what the speaker told them. The speaker can politely correct them if they are wrong.

Step 3: Repeat this exercise as many times as desired with new pairs. You can also have the listener ask questions about what they heard and summarize the answer.

Step 4: Conduct a group debrief on what was heard and learned.

TIP: To challenge students, have them look at their partners [Do's: ...How Other People Should Communicate with You](#) page on their [Indigo Report](#) to figure out what is the best way to communicate and listen with someone.

RAMP (ASCA) Mindset & Behaviors addressed and developed:

Academic: *Communication / Listening.*

Career: *Social Maturity / Appropriate Behavior; Open Perspective.*

Social/Emotional: *Building Positive Peer Relationships; Empathy; Collaboration.*