



# Listening

**The Goal:** Students will learn the value and validation that active listening provides, and they will practice actively listening to others.

**Materials:**

Room, chairs arranged in pairs, [Indigo Report](#).

**Step 1:** Divide students into pairs: one speaker and one listener. Facing each other in chairs, have the speaker share for 30 seconds about any topic they choose.



**Step 2:** The listener must try to summarize what the speaker told them. The speaker can politely correct them if they are wrong.

**Step 3:** Repeat this exercise as many times as desired with new pairs. You can also have the listener ask questions about what they heard and summarize the answer.

**Step 4:** Conduct a group debrief on what was heard and learned.

**TIP:** To challenge students, have them look at their partners [Do's: ...How Other People Should Communicate with You](#) page on their [Indigo Report](#) to figure out what is the best way to communicate and listen with someone.

**RAMP (ASCA) Mindset & Behaviors addressed and developed:**

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**Academic:** *Communication / Listening.*

**Career:** *Social Maturity / Appropriate Behavior; Open Perspective.*

**Social/Emotional:** *Building Positive Peer Relationships; Empathy; Collaboration.*