



# Talent Show

**The Goal:** This exercise is designed to boost students' self-esteem. The activity demonstrates that their talents can be used in many ways in their life. Exploring the many options is important to keep students inspired and moving forward.



**Materials:**

Room, chairs arranged audience style, [Indigo Report](#), pencil and paper.

**Step 1:** The week before this exercise, tell students to write down a talent they want to display or perform. Feel free to be creative!

**Step 2:** Allow each student time to share their talent with the group. After the student has shared, use the [Indigo Report](#) to brainstorm what sort of education or career futures could best utilize their talents and abilities.

**Example:** A student brings in a short story to share. Upon reviewing the student's [Indigo Report](#) and seeing she's a *High I*, suggest that she may do very well in journalism, travel writing, or advertising.

**TIP:** You can use pages on the Indigo Report such as [Potential Degree Matches](#) to help make connections between the talent and real world opportunities.

**RAMP (ASCA) Mindset & Behaviors addressed and developed:**

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**Academic:** Creativity; Self Motivation / Self Direction.

**Career:** Collaboration / Cooperation; Results Orientation; Identifying Goals.

**Social/Emotional:** Building Supportive Adult Relationships; Self Confidence; Sense of Belonging.