



The Wrap Up

Goal: The goal of this exercise is to talk about what students learned from the SEL Activities and what practical lessons they can use in their lives.

Materials:

Room, circle of chairs, pencil and paper.

Step 1: Ask them a series of open-ended questions. Feel free to guide the conversation in any direction you see fit:



- What will you take away from these activities?
- What will you continue to work on?
- Was there any one exercise that inspired you more than others?
- Did you bond with any of the other students in this group?
- Did this provide clarity how to do things in your life?

Example: *Brendan shares that he really enjoyed learning how to voice his personal needs, and that he feels like Jack is now a close friend who he can talk to about these sorts of things.*

TIP: If you are conducting any post-test / feedback form about the SEL Activity experience, this exercise would be the ideal time.

RAMP (ASCA) Mindset & Behaviors addressed and developed:

Career: *Take Responsibility; Handling Change / Adapting; Self Advocacy.*

Social/Emotional: *Self Confidence; Sense of Belonging; Building Positive Peer Relationships; Self Motivation / Self Direction; Perseverance; Overcoming Obstacles.*