



# Indigo a Career Field

Choosing the right career field isn't just about picking a job—it's about finding a path that truly aligns with who you are. So why settle for just any career when you can **Indigo** your way to the right career field?



With the insights from your Indigo Report, you already have a roadmap to help guide your decisions. If you've already identified a broad workplace category through the 21st Century **Culture Fit activity**, this activity helps you take the next step—researching specific career options that align with your natural strengths. Through this process, you'll gain clarity and confidence in choosing a meaningful and fulfilling career.

**The Goal:** This activity helps students use their Indigo Reports to explore a career field that aligns with their DISC, Strengths, Motivators, and Skills. By researching potential jobs and majors, students gain clarity on career paths that fit their unique profile, setting them up for success.

## Materials:


- Indigo Report
- Access to internet

**Note:** We recommend completing a few other post-secondary or workforce preparation exercises before this activity to enhance students' introspection and decision-making process.

**Step 1:** Have students research a career field that interests them. This can be done in class using computers or smartphones, or assigned as homework. Encourage students to review the Possible Degree Matches section toward the back of their Indigo Report.

Once they have explored their degree matches, ask them to underline any recommendations that sound interesting. Do any of the underlined recommendations align with the career field they researched?

**Step 2:** Once students have selected a career field, they will write a 1-2 page paper answering the following questions:

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- *Introduction: What is the career field? (This question can serve as the introduction paragraph.)*
  - *How does this career field align with your top two DISC styles and top two Motivators?*
  - *What type of jobs or majors in this career field are a good fit for you?*
  - *How can you use your top 5 Skills to excel in majors or jobs within this career field?*
  - *Conclusion: Summarize their key takeaways, highlighting why this career field fits their Strengths, Motivators, and Skills.*

To assist students in their research, provide students with resources that list various career fields. One useful resource is **What Career or Job Are You Interested In?**

**Step 3:** Have students reflect on their research and present their findings in a way that solidifies their understanding of their chosen career field. Students can:

- Create a short presentation (individually or in small groups) to share their career field choice, potential job roles, and key insights with the class. This is a great opportunity for students to discover even more career options.
- Discuss their findings in pairs or small groups, exchanging thoughts on what they learned and how it impacts their career planning.

This final step helps students turn their research into meaningful insights. By reflecting, presenting, and discussing their findings, they deepen their understanding of career possibilities and gain confidence in making informed decisions about their future. This activity ensures they leave with a clearer vision of a career field that aligns with who they are and where they will thrive.